



Registration & Booking Form – Pregnancy Yoga 2019
Semi Private Evening Classes: Now – July 2019. Time: 8.00 - 9.00 p.m

At: Alyth Synagogue, Alyth Gardens NW11 7EN or HOME STUDIO: 38 Wentworth Road NW11 ORL
 Join at any time. **Payment in Small Blocks.** Sliding scale for charges: £30 per class for 2 people. £20 per class for 3-4, £15 per class for 5 people. Any booked classes you miss you can make up for free by attending other Mon-Thurs classes.

Name D.O.B.

How many weeks pregnant Baby's due date

Address.....

Phone numbers (h)..... (w) (m)

Email (h)..... (w)

Occupation Yoga course start date

Are you attending antenatal classes/with whom & when?
 Where do you plan to give birth (home, which hospital / birth centre)

Other children? Names and ages

What benefits do wish to get most from your yoga?

Have you studied yoga before? If so, please give details of how long, what style of yoga etc.

How did you hear about this class?

Would you like to be kept informed of postnatal recovery with baby classes?

Are you suffering from: varicose veins heartburn depression / anxiety back pain exhaustion piles

Payment is in advance in Small Blocks: Book and Pay Now for all classes in BOLD below you can attend up to 25 June @ £20 per class. (Or pay just to your due date if it falls before; Sliding Scale: £15 per class 5 or more participants. £20 for 3 - 4 participants, £30 for 2 participants. Check to find out current no of students/cost. When numbers rise you will be refunded the difference per class. (Likewise students pay more on the day if there are fewer students and the cost rises above what you originally paid. You will be notified beforehand wherever possible so students can also opt for that class not to run). Fine to change booking: 24 notice required so other attendees can be notified. And you can make up your missed class for free by attending any other Mon – Thurs class instead.

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|---|---------------------------------------|---|
| <input type="checkbox"/> Tuesday 21 May | <input type="checkbox"/> Tues 25 June | <input type="checkbox"/> Tues 2 September |
| <input type="checkbox"/> Tues 28 May | <input type="checkbox"/> Tues 2 July | <input type="checkbox"/> Tues 9 September |
| <input type="checkbox"/> Tuesday 4 June | <input type="checkbox"/> Tues 9 July | <input type="checkbox"/> Tuesday 16 September |
| <input type="checkbox"/> Tues 11 June | <input type="checkbox"/> Tues 16 July | <input type="checkbox"/> Tuesday 23 September |
| <input type="checkbox"/> Tues 18 June | <input type="checkbox"/> Tues 23 July | <input type="checkbox"/> Tuesday 30 September |

Number: _____ classes @ £_____ per class = £_____

- Direct bank transfer to: Acc: Maxine Levy. Sort Code: 20-36-16. Acc #: 30605204
- Cheques payable to: Maxine Levy, 38 Wentworth Rd, London NW11 ORL. Cash Accepted.
- I accept personal liability for any danger or injury that I may suffer
- I have handed in my health questionnaire Pdf, downloadable from the website.
- I agree to the Booking Information and the 'Missed Class ' terms here and on the website.
- Signed..... Date.....